

Helping Your Child Navigate Autism with Confidence

MIOT's Department of Mental Well-Being's holistic approaches to address social communication challenges.



Is Your Child Having Trouble With Social Interactions?

It may be one of the early indicators of Autism Spectrum Disorder (ASD). The characteristics of children and adolescents with ASD vary based on their age, developmental stage, and the severity of the condition. They also experience verbal and non-verbal communication difficulties, such as decreased eye contact, expressions, and gestures.

Children with Autism Spectrum Disorder usually show some signs of delayed development before the age of 2 years. Signs of Autism Spectrum Disorder often appear early in development when there are obvious delays in language skills and social interactions. Notable signs that require attention include a limited response to one's name, restricted and repetitive behaviours, delayed speech or minimal babbling, and a lack of engagement in imitative or make-believe play.





Social Communication and Autism - An Overview

Social communication in child development refers to how children use language in social situations. This encompasses various language functions, such as greeting others, sharing information, making requests, and giving commands.

When children face social communication challenges, it can significantly affect their lives. Social Communication Disorder can hinder their ability to build relationships, perform well in school, and navigate social environments. This often leads to feelings of isolation, anxiety, and low self-esteem, as they find it difficult to communicate effectively with peers and adults.

Autism Spectrum Disorder (ASD) is a condition linked to brain development that affects how children perceive and interact with others. Those on the spectrum frequently encounter difficulties in social interaction and communication, making social communication disorder and Autism closely connected.

Children with ASD may struggle with everyday language, sometimes using simple words incorrectly and having trouble grasping playful language. They might miss non-verbal cues and find it challenging to know when to end conversations. As a result, they can feel disconnected from their peers, making social situations even more daunting.

The Importance of Early Intervention

For children with Autism Spectrum Disorder, early intervention can assist them in maximising their potential. Various studies have shown that early intervention can significantly improve outcomes such as:

- Language development
- Cognitive functioning
- Social skills
- Improvement of behaviour

With early intervention, we can prevent the development of more severe behaviours that can occur when ASD is left unaddressed. Most children diagnosed with Autism Spectrum Disorder are identified at the age of three or older, usually around the time they start school. This period is crucial, as school programmes can offer targeted help to address their specific challenges. At this age, children's brains are highly adaptable, making them more receptive to positive interventions. This adaptability enhances the potential for significant growth and development through effective therapies and support strategies.

As parents, you know your children better than anyone else. We're here to offer our expertise to help deepen your understanding of their needs and potential. Together, we can create a fuller picture of how to assist them. We'd love to work with you on a holistic approach that enhances your child's learning experience while also nurturing their overall well-being.



What Happens if Autism is Not Addressed?

Children with Autism frequently experience comorbid conditions such as Attention Deficit / Hyperactivity Disorder (ADHD), sensory processing issues, anxiety and depression. A close monitoring of these comorbidities is essential to minimize their long-term impact on overall health and development. It is crucial to understand and address these impacts to provide the right guidance and interventions for your child.



MIOT International's Role in Enhancing Your Child's Full Potential

MIOT International provides a holistic, multi-disciplinary approach to managing social communication disorders and associated conditions, such as Autism. It also emphasises collaborative care that includes parents, educators, and healthcare providers to create tailored intervention strategies.



We are integrating various fields of expertise to gain a comprehensive understanding of each child. We will conduct thorough observations of the children over an extended duration. We also engage in discussions with their families and teachers regarding our findings, as well as explore ways to apply this information in effectively managing the child's symptoms.

Our experienced team of psychiatrists provides personalised counselling sessions to meet the unique needs of each child to tackle various mental health challenges. By employing evidence-based methodologies from around the world and ensuring cultural appropriateness, we assist children in developing the coping skills and strategies necessary for effectively managing their conditions. Moreover, we support children in cultivating coping mechanisms and guide parents or caregivers on effective strategies for managing the child's symptoms.

